Information for Exchange Students coming to London 2015/16

LOCATION
The Burroughs, Hendon, London, NW4 4BT

Virtual tour of the campus

Getting to the Hendon Campus:
Map

UNIVERSITY WEBSITE
There is lots of information available about Middlesex University and life in London on our websites, so please spend time exploring these:

- Main Website
- Student Website

PROGRAMMES
The list of the programmes that we offer in London can be found on our website; http://www.mdx.ac.uk/courses/undergraduate/index.aspx.

As an Exchange student you will choose to join one of these programmes, so please take time to look at the modules that each programme has to offer.

UNIVERSITY ACCOMMODATION
Middlesex University has four halls of residence although not all are located on campus. Please check our website for the full details, including photos and a virtual tour (http://www.mdx.ac.uk/facilities/accom/halls/index.aspx). The prices for 2014/15 were as below. The 2015/16 rates will be published on our website at the end of February 2015.

- Usher Hall- £139.30 per week
- Platt Hall- £127.12 per week
- Writtle House -£121.03 per week
- Ivy Hall- £121.03 per week

Contact details for the halls of residence team are as follows:
Email accomm@mdx.ac.uk or Telephone +44 (0)20 8411 6121

ACCOMMODATION OFF CAMPUS

Private Rented Accommodation: Average weekly rents vary between £100 and £175, including bills.

Contact details for the private accommodation team are as follows: Email pra@mdx.ac.uk or Telephone +44 (0)20 8411 5068.
Website : http://www.mdx.ac.uk/facilities/accom/private/index.aspx

Private Halls of Residence: London offers a range of private halls of residence for students, where you can mix with students from other universities. For full details and contact information, please see our website: http://www.mdx.ac.uk/facilities/accom/private-residence/index.aspx.

TRANSPORT

The main transport in London is tube and bus. Most people here have an Oyster travel card to get around London. Depending on your duration of stay and how much you travel, it would be advisable to either consider Pay As You Go or an 18+ Student travel card. For the latter, you have to apply online and Middlesex University has to confirm your student status.

Useful links:
General
Visitor Oyster Card
Student Fares
London Tube Map

APPROXIMATE COST OF LIVING (per month)

The list below will give you a guideline to how much to budget for the month. These amounts are subject to change according to your circumstances. Please note that London is one of the most expensive cities in the world.

Halls fee/private rent	£560/600
Food/Housekeeping	£140
Travel/Transport	up to £100
Leisure/sport/socialising	£160
Clothes/shoes	£50
Books/Stationary	£40
Mobile Phone	£20
Total	**£1070/1110**

Additional one-off costs: flights, soft furnishings for room, holidays, other luxuries.

HEALTH INSURANCE POLICY

Britain has a subsidised health service called the NHS (National Health Service) which provides free health care and treatment for people who are resident in Britain. This includes all students enrolled on a programme lasting for more than six months. Routine optical and dental treatment is not normally covered by the NHS.

ACADEMIC CALENDAR AND INDUCTION

The full academic calendar can be viewed via http://unihub.mdx.ac.uk/mdx/calendar/index.aspx.

The 'Welcome to Middlesex' Orientation programme for new exchange students will take place in the end of September. This has been designed for our new international students, to become familiar with all aspects of living and studying in London. This includes information on Opening a Bank Account, Registering with a doctor and Police, health, security and safety information and social activities. You will receive more detailed information on our induction programme in the pre-arrival email.

The induction schedule for your programme will be available on myUniHub or can be located by searching via http://unihub.mdx.ac.uk/induction/SearchInduct.asp.

TIMETABLE

In London, the teaching week runs from Monday to Friday and daily timetables range from 9am-7pm for Undergraduate students.

You will find out your personal timetable on the University System, myUniHub, after you enroll on your programme. Timetables are usually available from the Mid-September.

UNIHELP

Once you arrive in London, UniHelp is your first port of call for general student enquiries. It brings together all face-to-face support in one location on the Hendon campus as well as providing online assistance: http://unihub.mdx.ac.uk/unihelp.

INTERNATIONAL STUDENT SUPPORT

International Student Support, including the 'Welcome to Middlesex' Orientation programme for new overseas students can be found on:
International Students - UniHub and International Students - Middlesex University plus our helpful Student University Guide.

We look forward to welcoming you at Middlesex University!